

HIV and recreational drug use: what nurses need to know

Self-assessment quiz

Test your knowledge and understanding by completing this quiz. You could do this before reading the article and then return to it afterwards to see how much you have learnt.

Add the completed quiz to your professional portfolio as evidence of your learning and remember to record the CPD hours spent.

1. The reasons why people take drugs are experimental, social, circumstantial, intensive and ... {tick one answer}
 - (a) pleasurable use
 - (b) affordability
 - (c) compulsive use
 - (d) confidence
2. Methamphetamine is a ... {tick one answer}
 - (a) stimulant drug
 - (b) depressant drug
 - (c) hallucinogenic
 - (d) opium related analgesic
3. The HIV drug interactions website was developed by ... {tick one answer}
 - (a) University of Liverpool
 - (b) City, University of London
 - (c) University of Sheffield
 - (d) University of Oxford
4. Is the following statement true or false?
Ketamine can be ingested, snorted or injected.
.....
.....
5. Cytochrome P450 (CYP) enzymes are essential for the metabolism of many medications, this class has more than 50 enzymes, six of them metabolise what percentage of drugs?
 - (a) 50%
 - (b) 70%
 - (c) 85%
 - (d) 90%

6. Is the following statement true or false?
Cannabis, GBL and ecstasy are hallucinogenic drugs.
.....
.....
7. The main classifications of ART for which there is concern with recreational drug interactions are ... {tick one answer}
 - (a) NNRTIs
 - (b) integrase inhibitors
 - (c) boosted protease inhibitors
 - (d) NRTIs
8. Is the following statement true or false?
The prevalence of smoking is lower in people with HIV than the general population?
.....
.....
9. The 'best' plan of action for someone who wants help with their recreational drug use is to ... {tick one answer}
 - (a) refer to their GP
 - (b) refer to drug and alcohol agencies
 - (c) offer a range of options
 - (d) refer to psychology
10. Is the following statement true or false?
The way in which the drug is taken can enhance or slow down the effect of the drug.
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Answers can be found on page 60